

LARA HASTINGS, Psy.D.

EDUCATION / CREDENTIALS

<u>Licensed Clinical Psychologist in Texas (#32014)</u>	10/02
Baylor University, Waco TX	
<u>Psy.D.</u>	08/01
<u>M.S., Clinical Psychology</u>	08/99
City College of the City University of New York, New York NY	
<u>M.A., Psychology</u>	02/97
University of California, San Diego, San Diego CA	
<u>B.A., Philosophy</u>	06/88

CLINICAL EXPERIENCE

<u>Licensed Psychologist</u>	05/03 – Present
<u>Treehouse In-Home Psychological Services</u>	

6333 E. Mockingbird Lane, #147-743 Dallas, TX 75214 (214) 828-2603

Psychological evaluations, sibling assessments, and bonding assessments of children ranging in age from infancy to age 18 in foster care and in adoptive homes, to provide a diagnostic formulation, identify intervention needs, and assist with treatment and case disposition planning.

<u>Staff Psychologist, Coordinator of Outpatient Therapy Services</u>	09/07 – 07/09
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Dallas County Juvenile Department – Psychology Division

2600 Lone Star Dr. Dallas, TX 75212 (214) 698-2270

Coordination of outpatient therapy services provided to youth on probation in Dallas County and their families, including individual and family therapy, and psychoeducational groups covering topics including anger management, family skills training, decision-making, and transitioning from out-of-home placement back to the community; forensic psychological evaluations (including competency and certification evaluations, and sex offender screens); individual and group outpatient sex-offense specific therapy with male and female adolescents; supervision of practicum students in psychological assessment and psychotherapy; case consultation; development and provision of staff training regarding mental health issues and other mental health-related topics; facilitation of court-ordered psychiatric hospitalization; participation on committees aimed at making recommendations to reduce detention facility population and divert youth with mental health needs to resources in community so that needs can be addressed through mental health system rather than juvenile justice system.

<u>Staff Psychologist, Coordinator of Detention and Shelter Services</u>	09/04 – 09/07
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Dallas County Juvenile Department – Psychology Division

2600 Lone Star Dr. Dallas, TX 75212 (214) 698-2270

Coordination of crisis management, emotional and behavioral stabilization, individual and group therapy, and psychiatric services provided in the Juvenile Detention Center and Marzelle Hill Transition Center; forensic psychological evaluations (including competency and certification evaluations, and sex offender screens); individual and group outpatient sex-offense specific therapy with male and female adolescents; participation in interdisciplinary case planning and review committee; supervision of practicum students in psychological assessment and psychotherapy; development and provision of staff training regarding mental health issues; facilitation of court-ordered psychiatric hospitalization.

CLINICAL EXPERIENCE (CONT'D)

Staff Psychologist

11/02 – 09/04

Dallas County Juvenile Department – Psychology Division

2600 Lone Star Dr. Dallas, TX 75212 (214) 698-2298

Participation on team facilitating crisis management and emotional and behavioral stabilization in the Juvenile Detention Center and Marzelle Hill Transition Center; psychological evaluations (including competency and certification evaluations, and sex offender screens); group outpatient sex-offense specific therapy with male adolescents; participation in interdisciplinary case planning and review committee; supervision of practicum students in assessment and therapy.

Psychological Assistant

04/02 – 11/02

Dallas County Juvenile Department – Psychology Division

2600 Lone Star Dr. Dallas, TX 75212 (214) 698-2297

Psychological evaluations of youths in Juvenile Detention Center, to identify mental health needs, characterize individual and environmental factors contributing to maladaptive functioning, and determine recommendations for promoting adaptive functioning and maintaining public safety.

Disability Determination Examiner

03/03 – 02/04

Quality Care Medical Group

4143 Gardendale Ste. 150, San Antonio, TX 78240 (210) 614-3063

Performed mental status examinations and clinical interviews for use in disability determination by the State.

Part-Time Staff Psychologist

09/02 – 12/02

Child & Family Guidance Center

8915 Harry Hines Blvd. Dallas, TX 75235 (214) 351-3490

Provided outpatient psychotherapy with children, adults, couples, and families; conducted psychological evaluations of children, adolescents, and adults; coordinated and provided consultation and therapy services for contract targeting homeless population with an emphasis on women and children.

Psychology Post-Doc

09/01 – 09/02

Child & Family Guidance Center

8915 Harry Hines Blvd. Dallas, TX 75235 (214) 351-3490

Coordination of referrals and service provision for homeless outreach contract; individual, group, marital, and family outpatient psychotherapy with children, adolescents, and adults; psychological evaluations; individual and group psychotherapy provided on-site to children and adolescents at housing complex for HIV-impacted families; parent guidance and education; clinical supervision of 4 pre-doctoral psychology interns providing therapy to homeless clients.

Pre-Doctoral Psychology Intern

09/00 – 08/01

Child & Family Guidance Center

8915 Harry Hines Blvd. Dallas, TX 75235 (214) 351-3490

Outpatient psychotherapy with children, adolescents, and adults; individual, group, marital, and family therapy; play therapy; psychological evaluations; parent guidance and education; administrative responsibilities for coordinating referrals and service provision for homeless outreach contract.

CLINICAL EXPERIENCE (CONT'D)

- Practicum Student 07/98 – 07/99
Heart of Texas Region Mental Health Mental Retardation Center
Freestone County Office
110 S. 12 St P.O. Box 890 Waco, TX 76703 (254) 752-3451
Outpatient psychotherapy with adults, children, and families; mental health screening, risk assessment, crisis intervention, and referral; consultation with staff psychiatrist; psychological evaluations for law enforcement employee screening.
- Practicum Student 07/98 – 07/99
The Freeman Center
Women and Children's Unit
P.O. Box 128 Waco, TX 76703 (254) 753-5153
Individual and group psychotherapy with adult females in residential chemical dependency program for women and children; parent guidance and education; psychological evaluations.
- Practicum Student 07/97 – 06/98
Head Start
Community Services, Inc.
P.O. Box 612 Corsicana, TX 75151 (903) 874-7508
Mental health screening of approximately 250 children ages 3-5; play therapy; classroom behavior management consultation; parent guidance and support groups; psychological evaluation of psychoeducational functioning and socioemotional development; staff consultation and training.
- Practicum Student 07/97 – 07/98
Waco Charter School
Economic Opportunities Advancement Corporation, Region XII
500 Franklin Ave Waco, TX 76701 (254) 754-8169
Psychological evaluation of psychoeducational and socioemotional functioning; play therapy; group behavior management counseling; Special Education needs assessment and placement; mental health screening; teacher consultation.
- Volunteer Play Therapist 06/98 – 06/00
Baylor University Waco, TX
Supv: Helen E. Benedict, Ph.D.
Long-term individual play therapy with 6-year-old emotionally disturbed girl.
- Caseworker 01/97 – 06/97
Victim Services / Domestic Violence Division
New York City Housing Authority Emergency Housing Transfer Aftercare Program
New York, NY
Outreach and case management to promote follow-through on emergency housing project transfer requests made by domestic violence victims; home-based needs assessment and intervention; crisis intervention; and advocacy.
- Children's Services Specialist 09/96 – 01/97
Victim Services / Brooklyn Family Court Children's Center
Brooklyn, NY
Outreach, needs assessment, and case management to connect family court litigants to social services facilitating care and protection of children; crisis intervention; advocacy.
- Volunteer Play Therapist 07/95 – 09/96
Eating Disorders Therapeutic Nursery
New York, NY
Supv: Susan Sherkow, M.D.
Group play therapy with children (ages 2 – 4) of mothers with eating disorders.

RESEARCH EXPERIENCE

Research Assistantship

07/97 – 07/00

Baylor University Department of Psychology and Neuroscience

Helen E. Benedict, Ph.D.

Maintenance of play therapy process note database; collaboration to expand and refine relational play theme coding system; data coding; training supervision of undergraduate volunteers; assistance in preparation for presentations on (object relations-oriented) thematic play therapy.

Research Assistantship

09/99 – 07/00

Baylor University Department of Psychology and Neuroscience

Steven K. Huprich, Ph.D.

Literature reviews; assistance in training and supervising undergraduate volunteers in responsibilities such as clinical interviewing; research involved patterns of object relations in depression and dysthymia.

Clinical Research Assistant

03/95 – 05/96

Mother/Infant Study / Columbia Presbyterian Medical Center

Primary Investigator: Tove Rosen, M.D.

New York, NY

Mother-infant observation; interviewing; administration of objective data collection measures (Achenbach Child Behavior Checklist).

PUBLICATIONS

Benedict, H.E. & Hastings, L. (1998). Theme clusters for sexually abused girls who differ in their history of exposure to additional stresses. Paper presented at the Association for Play Therapy, October, 1998. Contributors: Ato, G.N., Carson, M.C., & Nash, M.

Hastings, L. (unpublished): Adaptation to Relational Trauma as Reflected in Preschoolers' Play Themes. Unpublished doctoral project.

Benedict, H.E., Hastings, L., Ato, G., Carson, M., & Nash, M. (1998) Benedict expanded play therapy process code manual. Unpublished document.

Benedict, H.E., Hynan, L., Hastings, L., Ato, G., Carson, M., & Nash, M. (in preparation). Development of a method for studying the thematic content and interpersonal relationships in play therapy. Unpublished document.

TEACHING EXPERIENCE

Teaching Assistantship

Spring 1999

Baylor University Department of Psychology and Neuroscience

Assistance in preparation of materials for graduate course in Child Clinical Psychology; preparation and delivery of lectures (6 hours total) on using the Rorschach (Exner coding system) with children, the effects of family violence on children, and working with parents.

PROFESSIONAL AFFILIATIONS

American Psychological Association

American Orthopsychiatric Association